



Mindset for Success

Techniques and Technologies Executives are Using to Strengthen the Mental Side of Wellness and Propel Their Success to New Heights

FEATURING:



Charlie Michaelson
Integral Leadership Coach
Development Consultant



Cody Anderson
Founder
actLive



Todd Vande Hei
CEO
Stark Health

MODERATOR:



Andrea Casaw
Vice-President
Morgan Stanley Wealth Management

S P O N S O R E D B Y :

Knobbe Martens

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Our two-part series on executive wellness, longevity and strength moves from the physical realm to the mental, as our panel of experts identify key inhibitors that keep leaders from reaching their goals and how to break free of those barriers. Discover the power of the life-changing Integral Method, a new social fitness app, and actionable strategies you can use to conquer challenges ranging from sleep to stress management.

Join us for an interactive, high-energy lunch and learn, but remember that spots at ACG Academy are limited, so be sure and register TODAY!

Tuesday, November 12, 2024

11:30 am – 1:00 pm

Knobbe Martens (2nd Floor)

2040 Main St, Irvine, CA 92614

Advance — Members/Sponsor Guests \$30/Non-Members \$50
At the Door – Members/Sponsor Guests \$50/Non-Members \$70

 [Register Today!](#)

For more information, email: info@acgoc.org



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